



## Tool 3

### Spotlight on the Mentee as Learner

Exploring the mentee's experience and understanding of herself or himself as a learner is a useful way to begin the mentor-coaching relationship together. Pose the following questions to invite the mentee to begin the exploration.

1. What do you know about yourself as a learner that would be helpful for me to know?
2. How do you learn best?
3. What fosters openness and curiosity in you?
4. How can we create a space for feedback that will be meaningful for you?
5. What advice do you have for me as your mentor-coach to ensure that we are working together in a way that fosters your learning and growth?
6. What do you want from yourself in this learning relationship?
7. What do you want from me in this learning relationship?